



Ulnar Nerve Transposition

Post-operative Guidelines

- You will be placed in a splint at the time of surgery. The splint should remain on until your first postoperative visit which will be 8-14 days after surgery and will be on your discharge paperwork
 - If you have a Penrose drain placed during your surgery, this can be removed 3-5 days after surgery. If you have any questions, please call your physician's nurse or medical assistant
 - Your splint and sutures will be removed at your first postoperative visit
 - Physical Therapy for your elbow, forearm, and wrist range of motion will begin 1-2 weeks after surgery. You will be given an order for therapy either with your discharge instructions or at your first postoperative visit.
- Follow up with your surgeon 6 weeks from surgery
 - Physical Therapy for strengthening will be ordered at 6 weeks if needed



Please remember these outlines are *guidelines* only: Your care may differ from the typical outlines provided. Please talk to your surgeon or your surgeon's nurse or medical assistant if you have any questions about your post-operative care.

If you have any questions, please call our office at 314-514-3500

Orthopedics

